

**5<sup>th</sup> Sunday in Ordinary Time/Te Ratapu Tuarima o He Wa Noa**  
**Sunday 4 February 2024, Year B**  
**Service of Holy Communion with the Reserved Sacrament**  
**Presiding: Vance Kapene**  
**Preacher: James Veeran**  
**Liturgical Assistant: Jackie Dobbs**

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Welcome and opening prayer

**HYMN – WE HAVE A GOSPEL TO PROCLAIM**

<p>V.1  We have a Gospel to proclaim  Good news for men in all the earth;  the gospel of a Saviour's name:  we sing his glory, tell his worth.  Tell of his birth at Bethlehem  not in a royal house or hall  but in a stable dark and dim,  the Word made flesh, a light for all.</p>	<p>v.2  Tell of his death at Calvary,  hated by those he came to save,  in lonely suffering on the Cross;  for all he loved his life he gave.  Tell of that glorious Easter morn:  empty the tomb, for he was free.  He broke the power of death and hell  that we might share his victory.</p>
<p>V.3  Tell of his reign at God's right hand,  by all creation glorified.  He sends his Spirit on this Church  to live for him, the Lamb who died.  Now we rejoice to name him King:  Jesus is Lord of all the earth.  This gospel – message we proclaim:  we sing his glory, tell his worth.</p>	

**HYMN – PURIFY MY HEART**

<p>V.1  Purify my heart;  Let me be as gold and precious silver.  Purify my heart;  Let me be as gold, pure gold.</p>	<p>Chorus:  Refiners fire,  My heart's one desire  Is to be ... holy,  Set apart for you, Lord.  I choose to be ... holy,  Set apart for you, my master,  Ready to do your will.</p>
<p>V.2  Purify my heart,  Cleanse me from within and make me holy.  Purify my heart,  Cleanse me from my sin deep within.</p>	<p>Chorus:  Refiners fire,  My heart's one desire  Is to be ... holy,  Set apart for you, Lord.  I choose to be ... holy,  Set apart for you, my master,  Ready to do your will.</p>

(Jackie)	<p>The Lord be with you.</p> <p><b>The Lord bless you.</b></p> <p>This is the day that the Lord has made.</p> <p><b>Let us rejoice and be glad in it.</b></p>
(All)	<p><b>Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, so that we may truly love you and worthily praise your holy name; through our Saviour, Jesus Christ. Amen.</b></p>
(Jackie)	<p>Hear the teaching of Christ: a new commandment I give to you, that you love one another as I have Loved you.</p> <p><b>Spirit of God, search our hearts.</b></p> <p>Hear God's word to all who turn to Christ: God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life.</p> <p>Jesus said: Come to me all who labour and are heavy laden and I will give you rest.</p> <p>God has promised forgiveness to all who truly repent, turn to Christ in faith and are themselves forgiving. In silence we call to mind our sins.</p> <p><i>Silence</i></p>
(Jackie)	<p>Let us confess our sins.</p>
(All)	<p><b>Merciful God, we have sinned in what we have thought and said, in the wrong we have done and in the good we have not done. We have sinned in ignorance: we have sinned in weakness: we have sinned through our own deliberate fault. We are truly sorry. We repent and turn to you. Forgive us, for our Saviour Christ's sake, and renew our lives to the glory of your name. Amen.</b></p>
(Vance)	<p>God forgives us. Be at peace. <b>Amen.</b></p>
(Jackie)	<p>The peace of Christ rule in our hearts.</p> <p><b>The word of Christ dwell in us richly.</b></p>

(Jackie)	<p><b>Sentence</b>  Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles.  <i>Isaiah 40:31</i></p>
(All)	<p><b>COLLECT</b></p> <p><b>Almighty God,  You have called us to serve you,  yet without your grace  we are not able to please you;  mercifully grant that your Holy Spirit may in all things direct and rule our hearts;  through Jesus Christ our Lord.  Amen.</b></p>
(Julie-ann)	<p><b>Hebrew Scriptures</b>  Isaiah 40:21-31</p>
(Jackie)	<p>“We say together <b>Psalm 147</b> by alternate verses”</p>
(All)	<p>1 Whakamoemititia a Ihowā, / Praise the Lord,  for it is good to sing praises ' to our ' God:  <b>how pleasant and seemly it is to ' praise the ' Most ' High.</b>  2 You Lord are re'building · Je'rusalem:  <b>and gathering the ' scattered ' exiles · of ' Israel.</b>  3 You are healing the ' broken-'hearted:  <b>and ' binding ' up their ' wounds.</b>  4 You count the ' number · of the ' stars:  <b>and ' call them ' all · by their ' names.</b>  5 Great are you O Lord, and ' mighty · your ' power:  <b>yes, ' and your ' wisdom · is ' infinite.</b>  6 You raise ' up the ' lowly:  <b>and bring down the ' wicked ' to the ' dust.</b>  7 Sing to the ' Lord in ' thanksgiving:  <b>make music on the ' harp ' to our ' God,</b>  8 who covers the sky with clouds,  and prepares ' rain · for the ' earth:  <b>making the hills green with grass</b>  <b>and with ' plants for ' human ' use.</b>  9 You O Lord give the ' cattle · their ' food:  <b>and the young ravens ' when they ' call to ' you.</b>  10 You set no store by the ' power · of a ' horse:  <b>nor by the ' strength · of a ' warri-or's ' thighs.</b>  11 But your delight is in ' those · who re'vere you:  <b>in ' those · who re'ly on · your ' mercy.</b>  20c <b>O ' praise ' - the ' Lord.</b>  <b>Glory to the Father, and to the Son,</b>  <b>and to the Holy Spirit,</b>  <b>as it was in the beginning, is now</b>  <b>and shall be forever. Amen</b></p>

(Arlene)	<b>Epistle Reading</b> 1 Corinthians 9:16-23
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**GRADUAL HYMN – SEEK YE FIRST**

V.1 Seek ye first the Kingdom of God, And his righteousness, And all these things shall be given unto you, Al-le-lu,            Al-le-lu—ia.	<u>Chorus:</u> <i>Al-le-lu—ia,      Al-le-lu-u-ia.</i> <i>Al-le-lu—ia,      Al-le-lu, Al-le-lu-u-ia.</i>
V.2 You shall not live by bread alone, But by every word, That proceeds from the mouth of God, Al-le-lu,            Al-le-lu—ia.	<u>Chorus:</u> <i>Al-le-lu—ia,      Al-le-lu-u-ia.</i> <i>Al-le-lu—ia,      Al-le-lu, Al-le-lu-u-ia.</i>
V.3 Ask and it shall be given unto you, Seek and you shall find, Knock and the door shall be open unto you, Al-le-lu,            Al-le-lu—ia.	<u>Chorus:</u> <i>Al-le-lu—ia,      Al-le-lu-u-ia.</i> <i>Al-le-lu—ia,      Al-le-lu, Al-le-lu-u-ia.</i>

(Margaret Thompson)	The Holy Gospel according to St Mark chapter 1, verses 29-39  ✠ <b>Praise and glory to God</b>  This is the Gospel of Christ  <b>Praise to Christ the Word</b>
(James)	Sermon
(Jackie)	"We stand and affirm our faith in the words of the <b>Nicene Creed</b> "

(All)	<p> <b>We believe in one God,  the Father, the Almighty,  maker of heaven and earth,  of all that is,  seen and unseen.</b> </p> <p> <b>We believe in one Lord, Jesus Christ,  the only Son of God,  eternally begotten of the Father,  God from God, Light from Light,  true God from true God,  begotten, not made,  of one being with the Father;  through him all things were made.</b> </p> <p> <b>For us and for our salvation  he came down from heaven,  was incarnate of the Holy Spirit and the Virgin Mary  and became fully human.</b> </p> <p> <b>For our sake he was crucified under Pontius Pilate;  he suffered death and was buried.</b> </p> <p> <b>On the third day he rose again  in accordance with the Scriptures;  he ascended into heaven  and is seated at the right hand of the Father.</b> </p> <p> <b>He will come again in glory to judge  the living and the dead,  and his kingdom will have no end.</b> </p> <p> <b>We believe in the Holy Spirit,  the Lord, the giver of life,  who proceeds from the Father and the Son,  who in unity with the Father and the Son  is worshipped and glorified,  and has spoken through the prophets.</b> </p> <p> <b>We believe in one holy catholic and apostolic Church.</b> </p> <p> <b>We acknowledge one baptism for the forgiveness of sins.</b> </p> <p> <b>We look for the resurrection of the dead,  and the life of the world to come. Amen.</b> </p>
(Jackie)	<p>“Let us pray for the Church and the world, giving thanks for God’s goodness.”</p>
(Vicky)	<p>Prayers of the People</p>

(Vance)	<p><b>The Peace</b> The peace of Christ be always with you. <b>And also with you.</b></p> <p>E te whanau, we are the body of Christ. <b>By one Spirit we were baptised into one body.</b></p> <p>Keep the unity of the Spirit in the bond of peace. <b>Amen. We are bound by the love of Christ.</b></p>
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#### OFFERTORY HYMN – TELL MY PEOPLE I LOVE THEM

<p><b><u>CHORUS: (Sing First)</u></b></p> <p>Tell my people I love them Tell my people that I care when they feel far away from me Tell my people I am there</p>	
<p>V.1 Tell my people I came and died to give them liberty As they abide in me they will be really free <u>Chorus</u></p>	<p>V.2 Tell my people where'er they go to claim my risen power My peace and joy and love Is for them hour by hour <u>Chorus</u></p>
<p>V.3 Tell my people who grieve and mourn that I allowed the night Of darkness to descend but I am still the light <u>Chorus</u></p>	<p>V.4 Tell my people to share their wealth and fight the sin of greed Care for the refugee the hungry they're to feed <u>Chorus</u></p>
<p>V.5 Tell my people throughout the world to strive for peace today Show love for enemies be servants of the way <u>Chorus</u></p>	

#### THE PREPARATION OF THE GIFTS

(Vance)	<p>To you, Lord, belongs the greatness, and the power, and the glory, and the victory and the majesty. <b>All that is in the heavens and the earth is yours, and of your own we give you.</b></p>
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(Vance)	<p><i>Let us pray</i></p> <p>Let us give glory to God, our Creator, Redeemer and Sanctifier</p> <p>Glory to God in the highest</p> <p><b>Glory to God in the highest</b></p> <p>God our Creator, we thank you for the world you have made; we thank you for your loving care watching over all creation; we thank you for entrusting part of your world to us and to tend, to care for and to develop.</p> <p><b>Glory to God in the highest</b></p> <p>You have made us, women and men in your image, so that in each other we can trace your likeness and serve you by serving our brothers and sisters.</p> <p><b>Glory to God in the highest</b></p> <p>You made us to know you and to be near you, our hearts are restless until we come to you. To bring us nearer to you when we were still far off, you sent your prophets and teachers to show us the glory of your steadfast love.</p> <p><b>Glory to God in the highest</b></p> <p>The wonder of your redeeming love was fully shown in Jesus the Christ, who walked among us as one of us, meeting us face to face, person to person, God in human form.</p> <p><b>Glory to God in the highest</b></p> <p>Yet we did not value him and sent him to death, a death he freely accepted, stretching out his arms on the cross to embrace the whole human race and to bear our sin in himself. By his death and resurrection, death is destroyed and we are delivered from sin to share his risen life.</p> <p><b>Glory to God in the highest</b></p> <p>You sent your Holy Spirit upon your Church so that, in Jesus, we are united to you, Father, with all the redeemed.</p> <p><b>Glory to God in the highest</b></p> <p>We thank you that we can worship you with prayer and praise as one with all your people. Above all we thank you for this sacrament of the body and blood of Christ.</p> <p><b>Glory to God in the highest</b></p> <p>God, creator of time and space, may the love and faith which makes this bread the body of Christ this wine his blood enfold us now.</p> <p>Make us one with the people at Holy Trinity last Sunday, and the whole body of Christ. May Christ's Holy Spirit bring to us in the sacrament the strength we need and an abiding trust in your gift of eternal life. <b>Amen.</b></p>
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(Vance)	<p>"As Christ teaches us we sing and pray"</p> <p><b>Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.</b></p> <p><b>Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.</b></p> <p><b>Save us from the time of trial and deliver us from evil.</b></p> <p><b>For the kingdom, the power and the glory are yours, now and forever. Amen,</b></p>
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#### PRAYER OF HUMBLE ACCESS

(All)	<p><b>We do not presume to come to your holy table, merciful Lord, trusting in our own righteousness, but in your great mercy.</b></p> <p><b>We are not worthy even to gather the crumbs from under your table.</b></p> <p><b>But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the body of your dear Son, Jesus Christ, and to drink his blood, that we may evermore dwell in him and he in us. Amen</b></p>
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#### COMMUNION HYMN 1 – SPIRIT OF THE LIVING GOD

V.1

Spirit of the living God, fall afresh on me.  
Spirit of the living God, fall afresh on me,  
Break me, melt me, mould me, fill me...  
Spirit of the living God, fall afresh on me.  
*Repeat*

#### COMMUNION HYMN 2 – IT'S YOUR BLOOD

V.1

It's Your blood that cleanses me,  
it's Your blood that gives me life,  
it's Your blood that took my place  
in redeeming sacrifice,  
and washes me whiter than the snow,  
than the snow.  
My Jesus, God's precious sacrifice.  
*Repeat*



### GRADUAL HYMN 3 – WIND, WIND BLOW ON ME

<p>V.1  <i>Wind, wind blow on me;  wind, wind set me free!  Wind, wind my Father sent,  the blessed Holy Spirit.</i></p> <p>Jesus told us all about You,  how we could not live without You;  with His blood the power bought  to help us live the life He taught.</p>	<p>V.2  <i>Wind, wind blow on me;  wind, wind set me free!  Wind, wind my Father sent,  the blessed Holy Spirit.</i></p> <p>When we're weary You console us,  when we're lonely You enfold us,  when in danger You uphold us,  blessed Holy Spirit.</p>
<p>V.3  <i>Wind, wind blow on me;  wind, wind set me free!  Wind, wind my Father sent,  the blessed Holy Spirit.</i></p> <p>When into the Church You came,  it was not in Your own but Jesus' name:  Jesus Christ is still the same –  He sends the Holy Spirit.</p>	<p>V.4  <i>Wind, wind blow on me;  wind, wind set me free!  Wind, wind my Father sent,  the blessed Holy Spirit.</i></p> <p>Set us free to love each other,  set us free to live for others,  that the world the Son might see,  and Jesus' name exalted be.  Chorus - <i>Wind, wind.....</i></p>

### POST-COMMUNION PRAYER

(Jackie)	<p>Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home.</p> <p>Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world.</p> <p><b>Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name. Amen.</b></p>
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### THE GRACE (IN PLACE OF THE BLESSING)

(Vance)	<p>Kia tau ki a tatau kotoa, te atawhai o to tatou Ariki a Ihu Karaiti  Me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu  A ake ake. <b>Amine</b></p> <p>The grace of our Lord Jesus Christ, and the love of God,  and the fellowship of the Holy Spirit be with us all, evermore.  <b>Amen.</b></p>
(Vance)	Birthdays and Notices

**RECESSIONAL HYMN – YOU SHALL GO OUT WITH JOY*****(Repeat 3 times)***

V.1 You shall go out with joy and be led forth with peace, and the mountains and the hills shall break forth before you. There'll be shouts of joy and the trees of the field shall clap, shall clap their hands.	Chorus And the trees of the fields shall clap their hands and the trees of the fields shall clap their hands and the trees of the fields shall clap their hands and you'll go out with joy.
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(Jackie)	Go now to love and serve the Lord. Go in peace.  <b>Amen. We go in the name of Christ.</b>
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